

| First Name | Last Name | e | Date |
|-----------------------------|-----------------------|-------------------------|----------------------|
| Address | | | |
| Cell Phone | | | |
| Email | | | |
| Date of Birth// | | | |
| Sex (circle one) M or F | | | |
| Marital Status (circle one) | Single Married | Divorced | |
| Significant Other Name | | | |
| Number of children | | | |
| Employer and city | | | |
| Job Title | | | |
| Whom may we thank for refe | erring you to us? | | |
| Emergency Contact | | | |
| Relationship and Phone Nun | | | |
| Family Physician | | ····· | |
| City they are located in | | | |
| Have you received chiroprac | tic care before? If s | so, for how long and w | hat was the result? |
| What was the primary reas | on for seeking ca | re at our office? | |
| Rate your primary pain or o | discomfort on a s | cale of 1-10 (circle or | ne) |
| 1 2 3 4 | 5 6 7 | 8 9 10 | |
| Progression of primary cor | mplaint (circle on | e) | |
| Worsening Staying the sa | ame | | |
| Secondary or other areas o | of complaint (plea | se provide a descrip | tion, if applicable) |
| | | | |
| Progression of secondary | - | one) | |

Worsening Staying the same

Were you injured at work or in a car accident? (If so, please describe the incident and add when the incident occurred)

How long have you had your primary complaint?

What aggravates your primary complaint? Circle all that apply

Nothing Exercise Sleeping
Sitting Laying down Stress
Standing Bending Work

Walking Computer work Chores at house

Running Driving Twisting

Other _____

What relieves your primary complaint? Circle all that apply

Nothing Strength Training Prior Chiropractic Treatment

HeatWalkingElectric therapyIceRestMassageStretchingMedicationLaying down

Other _____

Health History Questionnaire (Please circle all that may apply)

General Symptoms (Circle all that apply)

Loss of consciousness Nights Sweats Loss of sleep History of headaches Night pain Allergies

History of migraines Generalized pain Loss of bowel or bladder control

Fever Nervousness Excess sweating

Neurological Symptoms (Circle all that apply)

Dizziness Problem speaking Blurred Vision

Fainting Nausea Numbness or tingling

Radiating pain

Eyes / Ears / Nose / Throat (Circle all that apply)

Failing vision Eye pain Ringing / Buzzing in ears

Vision problems Hearing loss

Respiratory Symptoms (Circle all that apply)

Asthma Chronic Cough Difficulty breathing

Shortness of breath Bronchitis Emphysema

| Cardiovascular Symptoms (| Circle all that apply) | | | |
|---|------------------------------------|----------------------------|--|--|
| Bleeding disorder | Hardening of arteries | Previous heart attacks | | |
| High blood pressure | Swelling of ankles | Phlebitis / Varicose veins | | |
| Low blood pressure | Poor circulation | Pacemaker | | |
| Previous stroke | Angina | | | |
| Cerebral Vascular Aneurysm | Chronic Congestive Heart | Failure Treatment | | |
| Gastrointestinal Symptoms (| (Circle all that apply) | | | |
| Jaundice | Irregular or absent bowel moveme | ents Ulcer | | |
| Diabetes | Indigestion | GERD | | |
| Genitourinary Symptoms (fe | male only) (Circle all that apply) | | | |
| Hot flashes | Irregular or absent cycle Crar | nping / back pain | | |
| Are you currently pregnant? Yes | (Circle which applies to you) | | | |
| When is your due date? | | | | |
| No | | | | |
| Have you ever had surgery? Yes | (Circle which applies to you) | | | |
| Please provide location and ye No | ear | | | |
| Have you ever had any fractor | ures? (Circle which applies to yoເ | 1) | | |
| Please provide area and year? | | | | |
| No | | | | |
| Have you had any X-rays, Ct which applies to you) Yes | scans, ultrasounds or MRIs in th | e past 5 years?(Circle | | |
| List clinic/hospital and the area | examined? | | | |
| Have you ever been diagnos Yes | ed with cancer? | | | |
| Please provide details No | | | | |
| Please list your medications, herbs, supplements | | | | |
| | | | | |

| Very active Somewhat active Rarely active | |
|--|----------|
| How would you best describe your stress level? (Circle which applies to you) High Medium Low | |
| Family Medical History (Please check if any immediate family members suffer front following) (Circle which applies to you) | om the |
| Headaches or migraines Inflammatory bowel disease Stroke | |
| High or low blood pressure Circulatory Problems Asthma | |
| Diabetes Cancer Respiratory Disorders Epilepsy | |
| Heart Disease Neurological Disorders Multiple S | clerosis |
| Fainting or Dizziness Kidney Disease Fibromya | lgia |
| Osteoporosis Osteoarthritis | |
| Please add any additional information that you feel is pertinent | |
| | |
| | |
| | |